

Update and Dates for the Diary – 15 Sept 2015

Please circulate to any parents or staff who may be interested.

There are a number of events coming up over the next few weeks. Some are fundraising and some training as well as Sibling Workshops and the Youth Clubs.

There are also a number of free training events listed below. To book any of these please return the form or you can book online on the website www.autismsupportlouth.com

There has been a new facebook group started for Louth&Meath Autism Parents – it is a closed group so you have to be added. Tara Bradley and Jacinta Walsh are admins so if you wish to be added please contact either of us.

Dates for the Diary - Sept/Oct 2015 –

- **Art Exhibition and Auction in aid of Drogheda ABACAS School – St Peters Church of Ireland Hall – Fri 18th September @ 8.00pm.** Amergin Artists have very kindly put together this exhibition of well known Drogheda faces who are all recognisable. All proceeds from the Auction are being donated by the artists to Drogheda ABACAS School. As Fri 18th is Culture Night it would be great if you can pop in and support this event. Amergin Artists are also sponsoring a wine and cheese reception at the event.
- **Coffee Morning Meeting – Thursday 24 Sept @ 10.30am.** This is our regular monthly coffee morning meeting. All parents are welcome to pop in to share information , ask questions or just have a chat. Meeting will take place in the Bagel Bar in the Laurence Centre Drogheda.

- **Free Training/Info session on the Grace App by Lisa Domican.** Lisa is the parent of two teenagers with autism and she launched the Grace app to help her daughter Grace communicate. Lisa has very kindly offered to come to ABACAS and give a presentation on the Grace app. All are welcome. Date Monday Oct 5th 11.30 – 1.30 pm. Places are free but please book through www.autismsupportlouth.com
- **Talk on coping on living with a child/adult with challenging behavior** – how to cope with the day to day challenges that can wear you down. Coping strategies, how to deal with a meltdown in a public setting and other useful tips. This talk will be delivered by Sonia and Teresa who have many years. This talk is free but please book your place on www.autismsupportlouth.com Wed 21st October 2015 – 7.30 – 9.30.
- **Sibshops** - next Sibshop date is Sat 26th Sept @3.30pm – booking form on www.autismsupportlouth.com Sibshops are fun interactive workshops for brother and sisters of children with special needs facilitated by a trained Drama therapist. Age range 7 - 13 (ish). All welcome.

Thank you

Jacinta

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